President’s Message

As another newsletter goes out, we are all no doubt consumed with the process of cleaning up our gardens after the long months of winter. This is a fickle time of year, beautiful sun and warm temperatures one day, and snow and freezing rain the next. As I write this we are experiencing one of the latter. The spring clean-up chore is always a process of discovery in my garden. As tiny shoots poke their way upward, I try desperately to remember what I have planted in this location, of course with no identifying label. Some of my most vigorous and promising shoots, will after several weeks of care and cultivation, no doubt prove to be of the weedy variety. Things appear to have wintered relatively well and lots of plants are beginning to show through the mulch. One of my particular favourites in the spring garden is the Prairie Crocus or Pasque flower *pulsatilla vulgaris*, with its intriguing hairy leaves and lovely nodding flower heads. Once the blossom has passed, the seed heads hang on, looking like a cluster of tiny powder puffs.

Since this is the season in which we gardeners are spending a lot of time among our plantings, I would encourage you to pay particular attention to those plants that really need some dividing. The Fredericton Botanic Garden’s Annual Plant Sale is quickly approaching and we depend on the kind donation of plants to make the sale the success it has been in past years. Gardeners who support our plant sale tell us there are two things that draw them each year. First, is they like the opportunity to procure a rare or unusual plant species donated by one of our knowledgeable member/collectors and second, if it has been growing in someone’s garden in the area, chances are that it will grow in their garden.

Pasque flower *pulsatilla vulgaris*
too. Once again we have been fortunate to have some lovely garden furniture donated to our annual Plant Sale raffle (Thank you Charlie Fullarton and Bill Seabrook) and tickets will be available in the Boyce Farmer's Market in the weeks leading up to the sale. So do some digging and dividing, and reserve May 30th to indulge yourselves at the Plant Sale.

Our fund raising campaign has been successfully advancing and will soon be moving into another stage of the process. Keep your eyes open for major announcements in this regard in the later part of the summer, early fall.

Your Botanic Garden Board has several new members since the AGM in February. Joe Harrison, Brian Parker, Bill Seabrook and Richard Robinson have added their energy and enthusiasm to the board. We extend a warm welcome to the newbies and our sincere thanks to those who retired from the Board, including Nancy Beltrandi, Carla Gunn, Andrew Lawson and Jane Seabrook. Those attending the annual meeting enjoyed an uplifting slide presentation, Around the Seasons in an Acacia Court Garden, by Roger Smith. Roger’s slides gave us the boost we needed to get through those long grey months of February and March, thank you Roger. As usual the silent auction generated some good natured competition among bidders and it raised substantial funds for the garden. On behalf of the FBGA, I would like to thank the organizers of this annual event, Nancy Beltrandi and Nadia Khoury.

Don’t forget to take a walk through the garden and get a look at the spectacular display of azaleas and rhododendrons that we have. The best time for viewing should be in late May, early June and it will be well worth your time.

Once again I would encourage all members to become involved in the many activities that are on-going in the garden (see www.frederictonbotanicgarden.com) and if you have any additional ideas, please come forward and share them with us.

See you at the Plant Sale
Wendy Bourque
President of the Fredericton Botanic Garden

La campagne de souscription avance de façon très encourageante et nous franchirons bientôt une autre étape. Restez à l’écoute pour une grande annonce à la fin de l’été ou au début de l’automne.


N’oubliez pas de prendre une marche dans le jardin et d’admirer la magnifique collection d’azalées et de rhododendrons que nous avons. Le meilleur moment sera à la fin mai et début juin. Vous ne le regretterez pas.

Une fois de plus, je vous invite à vous impliquer dans les nombreuses activités qui se déroulent dans le jardin (voir www.frederictonbotanicgarden.com) et si vous avez d’autres idées, n’hésitez pas à venir les partager avec nous.

Au plaisir de vous rencontrer à la vente de plantes.
La présidente du Jardin botanique de Fredericton
Wendy Bourque

The Fredericton Botanic Garden Newsletter is published four times a year by the Fredericton Botanic Garden Association, Inc. The FBGA is a registered charitable organization for tax purposes. The objectives of the FBGA are to guide the establishment of the Fredericton Botanic Garden and to foster an awareness and appreciation of plants.

To obtain information on membership and to become involved in FBGA activities please contact us:

452-9269, at PO Box 57, Stn. A, Fredericton, NB E3B 4Y2 or fbga@nb.aibn.com

Fredericton Botanic Garden Association
Board of Directors - 2004

President - Wendy Bourque
Secretary - Richard Tarn
Lucy Dyer        Joe Harrison
Richard Robinson George Strunz

Vice-President - Bill Seabrook
Treasurer - Louis Philippe Albert
Nadia Khoury       Brian Parker
Bryan Walker       Don Young
Membership Committee

The Membership Committee is working to ensure that more members enjoy some of the benefits of membership in the FBGA. We are producing notices (which will be posted in stores) to remind you to ask for your 10% discount before a purchase is rung up at participating garden supply outlets. We are talking to several additional outlets about possible discounts.

There is one new benefit of membership - Kent’s Building supplies has offered members of FBGA a 10% discount on all of their plants. Watch your next newsletter for more details or stop by the Membership Booth at the Plant Sale (in the raised restaurant area of the market).

We are also planning improvements to our booth at the Plant Sale, and will have some additional items for sale. Lapel pins were introduced last year, and will be available again this year. If you do not yet have yours, be sure to look at them. This year Janis Boston has created some inexpensive and attractive gardener’s utility belts for us, and we also plan to introduce packages of stretchy tomato plant ties. There may even be some packages of cards based on garden photographs. So come and browse our “Garden Boutique” while you are taking advantage of the sale!! And do not forget that the sale is an excellent time to renew your membership for an additional 12 months. We will have a draw for an attractive basket of garden supplies for those joining or renewing during the Plant Sale. Don’t miss out on this! If you bring friends to the sale, please encourage them to become a member so that they can share in the advantages of membership.

For some time now our memberships have been hovering at just over 300. Let’s work together to raise the total by 50 memberships this year. Please consider giving a friend a gift membership this spring!

Submitted by FBGA Membership Committee (Nancy Beltrandi, Janis Boston, Wendy Bourque, Lucy Dyer and Carla Ward)

New members in 2004

Sylvie LaForest  Angela Watson
Joel Richardson  Verena & Philip Folkins
Beth Morrison  Brenda Boyd  Douglas Clarkson  Karen Watson  Michiko Nishijama  Ronald Dillon  Vanna Wasson  Ann Dalzell  Brenda Cameron
Carole Peacock  Fernande Corbin  Julie Lavigne
Molly & Bruno Bobak  Robert & Jean Squires
Roger Smith  Brenda & John Robison
Deolinda Cardoso  Patricia Mann  Catharine Sharp
Yolande Gagnon  Patricia Sinstadt & Bryan Walker
Robert Glenwright  Howard & Marilyn Erb
Janice Bell  Nancy MacIntosh

Thank-you to Jane Tarn for editing and Steve Stehouwer for photographs

Garden Notes

Visitors to the Garden this spring will follow the re-aligned road, constructed by the City late last fall, as it makes a series of switch-back swings down the slope, providing a much gentler grade than before. All being well the first flowers this spring will be the bulbs, planted late in the fall by Brian Parker - they were donated by Green Village. Enjoy them, then please leave them to welcome the next visitors.

This year the azaleas and rhododendrons should be better than ever. Bring your friends to the Garden in late May or early June to see our most colourful plantings at their best, or join the "Walk in the Garden" on June 10th. This year we hope to have up-to-date information on what to see in the Garden on our website so check the site regularly.

At the time of writing we are waiting for word on our grant applications for summer students. When you see the students, please introduce yourselves. In addition to garden maintenance, and updating of plant labels, this summer we are planning to install new location and direction signs and a number of interpretive signs for key Garden features. The signage is based on designs used throughout the City and will be completed in co-operation with City staff. Please let us know what you think of the improvements.

There is more work in the Garden than the summer students can complete. Last year several beds were greatly improved through the volunteer work of members: Joe Harrison and friends did a great job clean-
ing up beds along the lower part of the road so that we could once again enjoy the flowers. There are many jobs for interested members - caring for the Hal Hinds Memorial Garden, tending to the rose beds, looking after the beds around the Resource Centre and more. If you would like to help with these or other jobs, please contact me at 450-8885, or leave a message at the Garden Centre (452-9269).

Richard Tarn
Site Development Committee

**Horticultural Therapy**

Horticultural Therapy uses horticulture and the natural world to promote the well being of body, mind and spirit.

**Did you know?**

- Simply looking at trees and plants reduces stress, lowers blood pressure and relieves muscle tension.
- Physicians in ancient Egypt prescribed walks in gardens for the mentally disturbed.
- Gardening can induce endorphin levels similar to those experiences during exercise such as jogging.
- A study from British Columbia indicates Alzheimer’s patients living in residences with gardens have a reduction in violent incidents.

N. M Charles Lewis (1924-2004)
Charles Lewis, the father of horticultural therapy, recently died in New Mexico. "When someone grows a plant you get more than a beautiful plant", he said in 1981 “You get a beautiful person”

**Enabling or Accessible Gardens**

Although Horticultural Therapy is used as a therapeutic tool, having a disability does not mean that all future daily life activities are considered therapy. There are lots of tools and aids to help gardeners with disabilities enjoy growing plants.

**Educational Resources**

Since there are no colleges or universities that provide Horticultural Therapy at present, the Canadian Horticultural Therapy Association has a point system where educational background, volunteer internships and experience are considered therapy. The following institutions provide courses on Horticultural Therapy:
- University of Guelph, Guelph, ON
- Sir Sanford Flemming College, Peterborough, ON
- Royal Botanical Gardens, Burlington, ON
- Olds College, AB
- College of the Rockies, Cranbrook, BC
- Providence Farm, Duncan, BC
- University College of the Fraser Valley, Chilliwack, BC

What a pity there are no training opportunities in Atlantic Canada!

Why not give your favourite shut-in gardener a gift of a light table next Christmas? Light tables vary from simple single lamp stands for a small table to more elaborate three-tiered light carts. Dominion Seed House catalogue has a good selection of lamps for indoor gardens.

**Healing Landscapes**

Landscape architects have been creating wonderful specialized gardens for hospitals, nursing homes and hospices for some time. The concept of sacred groves of trees and spiritual places for contemplation is an ancient idea that is being re-visited in many public gardens.

**Community Gardens**

Community gardens located in urban areas of particular help to the elderly, disabled and disadvantaged. Generally run by not-for-profit organizations, these gardens can be the focus of leadership skills and nutritional training for urban gardeners.

**Children’s Gardens**

Through the efforts of organizations such as the National Gardening Association (USA), gardens in schools are becoming much more common. Botanic gardens are specifically targeting children in their landscape plans with play areas and programmes for children.

Our FBGA library has a " Guide to using Horticulture as Therapy by Mitchell L Hewson

Submitted by Jane Seabrook
Plant Sale and Raffle

The 16th annual Plant Sale will be held on Sunday May 30th at the Boyce Farmers’ Market. This is the Association’s largest annual fund raising event and our major source of discretionary funds. Your help is needed to continue the success that this sale has become in recent years.

Our major source of plants for the sale are the donations we receive from your garden. These donations represent our largest revenue source. Spring is here and it will soon be time to start thinning those perennial beds. Please save your divisions and extra plants for the Sale. **We really need your plants.** If you know the variety and colour of the plant please label it. We will begin receiving plants the first week of May at our greenhouse behind the Resource Centre off Cameron Court. It is hoped that with this early start the plants will be in superb condition by Sale day.

**FEATURE PLANTS 2004**

**Oriental Lilies**

**Native North American Plants**

**Primulas**

**and**

**a selection of grapes and hot peppers**

The Association also needs your help with the many jobs involved in the Plant Sale. On **Saturday May 29th** the market set-up starts at 2 p.m. with decorating, moving plants, checking plant names, pricing, and more. The Saturday set-up usually runs into the evening and a break is taken at suppertime for our **annual pizza feast**. A good time is had by all - and you don’t have to be an expert in plants to help - so please join us.

On **Sunday** the doors to the sale open at 12:00 noon. It is important that all of our volunteers arrive **no later** than 11:30 a.m. so that we can be organized before the doors open. At the Sale we need volunteers to help with sales, advise our customers, and staff the cashes. We hope that those of you who have helped in previous years will be back and those of you who haven’t helped before will consider joining us for an exciting and rewarding day.

This year there will be no across the board reductions in plant prices as the afternoon wears on. The pricing committee may consider reducing the price on specific items, but there will be no general reductions.

Vente de plantes et tombola

La 16e vente annuelle de plantes aura lieu le dimanche 30 mai au marché Boyce Farmers. Cette levée de fonds de l’Association est la plus importante activité de l’année et constitue la principale source de fonds discrétionnaires. Nous avons besoin de votre appui pour en garantir le succès qu’elle connaît depuis les dernières années.


**Les plantes vedettes de 2004 sont :**

**Les lys orientaux**

**Les plantes aborigènes de l’Amérique du Nord**

**Les primevères**

**et**

**un choix de pieds de vigne et de poivrons**

L’Association a besoin de votre aide pour les nombreuses tâches de cette vente. Le **samedi 29 mai**, à partir de 14 h, le marché est décoré, on y installe les plantes, on en vérifie les noms, les prix, etc. Les préparatifs durent normalement jusqu’en soirée et sont interrompus, à l’heure du souper, par la **fête annuelle à la pizza**. Une vraie fête! Vous n’avez pas besoin d’être un expert pour venir donner un coup de main. Vous y êtes invité cordialement.

Le **dimanche**, la vente débute à midi. Il est important que les bénévoles arrivent **au plus tard** à 11 h 30 pour être complètement prêt à l’ouverture de la vente. Nous avons alors besoin de bénévoles pour aider dans la vente, conseiller les clients et s’occuper des caisses. Nous souhaitons que ceux qui ont aidé par le passé reviennent et que ceux qui aiment donner un coup de main viennent découvrir l’enthousiasme et le plaisir que procure cette journée spéciale.

Cette année, nous n’aurons pas de réduction générale sans distinction au courant de l’après-midi. Le comité d’établissement des prix pourra considérer la réduction de prix sur certains articles, mais il n’y aura pas de réduction générale.
Prior to the sale volunteers will have the opportunity to purchase two special plants. This year there is a draw from our volunteer names for a hand made cedar Adirondack chair. Every time you turn out to help with the Sale, or sell raffle tickets at the Market, your name is entered in the draw which will take place at the end of the Sale.

Please join us in making this plant sale another great success.

Avant l'ouverture de la vente, les bénévoles pourront acheter deux plantes spéciales. Cette année, il y aura un tirage parmi les bénévoles pour une chaise Adirondack en cèdre. Chaque fois que vous aidez à une vente ou que vous vendez un billet de tombola au marché, votre nom est ajouté au tirage qui aura lieu à la fin de la vente.

Vous êtes invité à contribuer au grand succès de cette vente!

Bill Hall 455-7935
wood230@nb.sympatico.ca

Bill Seabrook 459-7862
seabrook@nb.sympatico.ca

Treasured Garden Tour 2004

The Fredericton Botanic Garden “Treasured Garden Tour” will be on Saturday, July 10 from 1:00 to 4.30 p.m. Again, we will be visiting four private gardens, and ending with a Garden Party and tour of the Fredericton Botanic Garden. Music for the Garden Party will be by the Don Bosse Jazz Quartet.

Tickets are $15.00, and go on sale June 10. Several tickets have been reserved already, and so it will be important to get your ticket early. They can be purchased from: Botanicals, Green Village Garden Centre, Main Street Floral Gallery, Trites Flower Shop and Westminster Books. For further information, please call 452-9269, and leave a message.
Family Fundraising Campaign

This is just a brief update on the Botanic Garden’s Family section of our Fundraising Campaign. We have now passed the $69,000 level towards our goal of $100,000. To those of you who have contributed to this campaign please accept my sincere thanks and the thanks of the Board of Directors. I would particularly like to thank our canvassers who have worked so very hard on this campaign.

We have now had responses from about 60% of you. The fundraising team is confident that we will exceed our goal of $100,000. The Campaign Cabinet is preparing for the public launch of the campaign.

A number of you have yet to be approached by a canvasser. You definitely will be canvassed we just don’t have the human resources to have reached everyone yet.

If you have not yet done so please donate to the campaign now. When we officially launch the public campaign the total value of members contributions, as well as the percentage of members supporting the campaign will be a critical factor in our success. Please do your share.

If you wish further information please contact me, Bill Seabrook 459-7862, seabrook@nb.sympatico.ca

Campagne financière «Famille»

Le but de cette note est de vous informer des progrès de la Campagne “Famille” du Jardin botanique. Vos engagements dépassent maintenant la somme de 69 000 $ vers notre objectif de 100,000 $. Un grand merci de la part de l’Association à tous ceux et celles qui ont contribué. Un merci spécial aux solliciteurs qui ont consacré beaucoup de temps et de talents à la campagne.

Nous avons reçu la réponse de 60% des membres et sommes confiant d’atteindre le but de 100,000 $. Le Cabinet de la Campagne prépare le lancement officiel de notre campagne majeure de financement.

Plusieurs membres n’ont pas encore été sollicités personnellement. Vous le serez éventuellement, mais nous n’avons simplement pas pu recruter et former assez de solliciteurs pour faire tout le travail.

Nous invitons tous les membres qui n’ont pas encore contribué à la campagne de le faire dès maintenant. Lors du lancement officiel de la Campagne, le montant de l’engagement et le pourcentage des membres qui ont ainsi signifié leur appui, seront des facteurs très importants. Il revient donc à chacun de faire sa part.

Pour plus de détails concernant ce volet de la campagne majeurs, communiquez avec Bill Seabrook en composant le 459-7862 ou par courriel: seabrook@nb.sympatico.ca

Talks in the Garden

Mark your calendar and plan on attending the May and June “Talks in the Garden.”

The May talk will be at the Resource Centre on Thursday, at 7:30 pm, May 13th. Naturalist Jim Goltz will be speaking about and showing slides of Native plants of New Brunswick. One of the features of the Botanic Garden Plant Sale on May 30th will be the native plants of North America.

On Thursday at 7 pm, June 10th, the Talk in the Garden will also be a Walk through the Garden. Dr. Richard Tarn, one of the founding members of the Fredericton Botanic Garden, will again be the leader. He will tell us what has been done on the site as well as elaborate on plans for the future. We will meet in the parking lot off Prospect Street, adjacent to the ball field, and from there proceed down through the Garden to the Resource Centre.

Talks in the Garden got off to a great start in 2004, when artist Michael Khoury gave a slide presentation “Under the Lebanese Sun” in January. The artistically photographed sunny scenes were especially appealing in January.

Robert Glenwright, Horticultural Foreman, Parks and Trees Division of Fredericton, gave the March presentation on “The Benefits of Composting Both Individually and In Our City.” Robert’s presentation was both interesting and informative.

“Herbs for Life” was the title for the April presentation by Howard and Marilyn Erb. This featured an informative talk and slide show on growing herbs organically as they do at their farm in Cambridge Narrows, N.B.
Silent Auction Thank you

The organizers of the Sixth Silent Auction for 2004 would like to thank all the donors that made this auction possible. With this much appreciated help we managed to raise $2183.00 to benefit the building of the Garden.

Louis-Philippe Albert
Graham Allen
Joyce Astle
Carolyn Atkinson
Betty & Jim Barker
Wayne & Mary Lou Beckett
Martha Bell,
Nancy Beltrandi
David Boyle
Avis Bruce
Lydne Rae Burke
Susan Cassidy
Jeanne Beltrandi
Chown
Katherine Crawford
Janet Crawford
Lucy Dyer
Charlie Fullarton Bill Hall Dianne Robinson Hanson Roger Harley Gwen Herbin Les Hull Margo Khoury Michael Khoury Genevieve Laloux Travis Lane Pat Mason Doreen & Layton McClare Eleanor Methven Betty & Jim Nicholson Brian Parker Betty & Jim Ponder Mary Pugh Joel Richardson Isabel & Dugald Richford John Saunders Jane Seabrook Bill Seabrook Rudy Stoeck George Strunz Carol Wakeham William T Walker Doreen Wallace Marie Wilcox Don Young

The Canadian Rose Society

On January 1, 2004 the Canadian Rose Society published its newsletter, The CRS CommPoster. The Canadian Rosarian has been published three times a year for decades and the Canadian Rose Annual comes out once a year.

The Canadian Rose Society is undergoing a re-vitalization and the electronic newsletter is part of that effort. The CRS CommPoster has articles in French and in English as well as an article on growing roses in Calgary, surely a challenge that New Brunswickers can sympathize with!

A new book on roses, The Rose: An illustrated history is reviewed, a wonderful Christmas present for the gardener in your family.

For more information on the Canadian Rose Society contact:
CRS
P.O. Box 41262
Mississauga ON
L4W 5C9

Give a gift membership

Membership privileges include - Newsletters; advance notice, by email of all events, 10% discount at Capital Landscape and City Designers Co-op Country Store - Corn Hill Nursery Green Village—Scott’s Nursery - Wetmore’s Nursery

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